

Henry County High Schools

This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

Breakfast (in blue): Lunch:

Assorted Cereal Fresh Apples & Oranges

Fresh Apples & Oranges Stuffed Crust Pizza

100% Fruit Juice Chicken Wrap

Choice of Low Fat Milk Choice of Low Fat Milk

*Pork products listed in pink.



School Meal Prices	School	School
	Breakfast	Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced-	\$0.30	\$0.40
Priced Meals	See of the Control of Control	Defection to the best of the first
Student Second	\$2.25	\$3.50
Meals		
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50



Monday, February 5

Blueberry Mini Pancakes, Mini Cinnamon Bagels, 1.Crispitos 2.MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Pineapple Tidbits

Tuesday, February 6

WG Muffin w/ Yogurt, Breakfast Bun 1.Cheeseburger, 2.Deli Turkey Sandwich, 3.Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Sliced Peaches

Wednesday, February 7

Sausage Biscuit, Assorted Cereal, 1.Chicken Nuggets w/ Roll 2. PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, February 8

Blueberry Pancake Stick, Assorted Cereal, 1.Chicken w/ Mac & Cheese 2.PBJ/Wow Sandwich w/ Chips. Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, February 9

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100%Fruit Juice

Introducing: Our New School Meal Payment System, Click LINQ Below or visit: lingconnect.com

LINQ Connect

ONLINE PORTAL



Take at least ONE

FRE VEGGIE

and of least THREE items total so your meal counts as a complete lunch!

TRUST YOUR HEART.

Your heart knows: WHAT TIME you eat matters. Eating a healthy meal early in the day is linked to a lower risk of heart attack, while eating late at night before bed is linked to an increased risk. Listen to your heart!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. **WELLNESS IS A WAY OF LIFE!**

Featured Specials of the Day

Monday, February 12

Strawberry Mini Pancakes, Breakfast Bun 1.BBQ Sandwich, 2.Mini Corn Dogs, 3.Manager's Choice Entrée, Carrot Sticks w/ Ranch, Baked Beans, Applesauce

Tuesday, February 13

WG Muffin w/ Yogurt, Breakfast Frudel
1.Spicy Chicken Sandwich 2.Chicken Sandwich,
3.Garden Salad w/ Chicken, Potato Tots, Garden Salad
Strawberries & Bananas

Wednesday, February 14

Pancakes & Sausage, Assorted Cereal,
1.Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich w/
Chips, Steamed Broccoli, Mashed Potatoes,
Fresh Apple, Chocolate Chip Cookie

Thursday, February 15

Breakfast Pizza, Frosted Breakfast Pastry,

1.Beefy Nachos 2.PBJ/Wow Sandwich w/ Chips,
Salsa, Black Beans, Carrot Sticks w/ Ranch,
Frozen Juice Cup

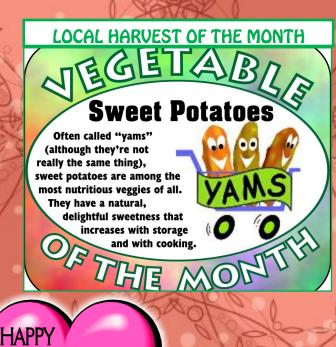
Friday, February 16

Chicken Biscuit, Assorted Cereal,

1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,

3. Hot Dog, Whole Kernel Corn, Garden Salad

w/ Ranch, 100%Fruit Juice





JUDGE JANE

Jane Bolin was the first black woman to graduate from Yale Law School and the first black female judge ever in the United States. After her appointment in 1931, she remained the sole black

States. After her appointment in 1931, she remained the sole black female judge in the country for 20 years. After serving as a judge for nearly half a century, she retired and volunteered as a reading instructor in New York City

instructor in New York City
public schools before her
death at 98 years old in 2007.

AFRICAN AMERICAN HISTORY MONTH

WINTER BREAK

No School Feb. 19 - Feb. 23

Featured Specials of the Day

Monday, February 26

Blueberry Mini Pancakes, Mini Bagels, w/ Cream Cheese 1.Crispitos 2.MaxSnax Tacos, Salsa, Black Beans, Sweet Potato Fries, Pineapple Tidbits

Tuesday, February 27

WG Muffin w/ Yogurt, Apple Cinnamon Toast
1.Cheeseburger, 2.Deli Turkey Sandwich,
Seasoned Fries, Lettuce & Tomatoes, Carrot Sticks
w/ Ranch, Sliced Pears

Wednesday, February 28

Sausage Biscuit, Assorted Cereal,
1.Chicken Nuggets w/ Roll 2. PBJ/Wow
Sandwich w/ Chips, Steamed Broccoli,
Mashed Potatoes, Satsuma Orange

Thursday, February 29

Mini Pancake Wraps, Frosted Breakfast Pastry,
1.Chicken Drumstick w/ Mac & Cheese 2.PBJ/Wow
Sandwich w/ Chips, Sweet Potatoes, Cornbread,
Ga Grown Collard Greens, Frozen Juice Cup

Friday, March 1

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, Carrot Sticks w/ Ranch, 100%Fruit Juice