

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Featured Specials of the Day

Monday, February 12

Strawberry Mini Pancakes, Breakfast Bun

1. **BBQ Sandwich**, 2. Mini Corn Dogs,
3. Manager's Choice Entrée, Carrot Sticks w/ Ranch, Baked Beans, Applesauce

Tuesday, February 13

WG Muffin w/ Yogurt, Breakfast Frudel

1. Spicy Chicken Sandwich 2. Chicken Sandwich,
3. Garden Salad w/ Chicken, Potato Tots, Garden Salad Strawberries & Bananas

Wednesday, February 14

Pancakes & Sausage, Assorted Cereal,

1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Apple, Chocolate Chip Cookie

Thursday, February 15

Breakfast Pizza, Frosted Breakfast Pastry,

1. Beefy Nachos 2. PBJ/Wow Sandwich w/ Chips, Salsa, Black Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, February 16

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

LOCAL HARVEST OF THE MONTH

VEGETABLE

Sweet Potatoes

Often called "yams" (although they're not really the same thing), sweet potatoes are among the most nutritious veggies of all.

They have a natural, delightful sweetness that increases with storage and with cooking.



OF THE MONTH

HAPPY
VALENTINE'S DAY!
FEBRUARY 14

CELEBRATING

BLACK
HISTORY
MONTH

2024

JUDGE JANE



Jane Bolin was the first black woman to graduate from Yale Law School and the first black female judge ever in the United States. After her appointment in 1931, she remained the sole black female judge in the country for 20 years. After serving as a judge for nearly half a century, she retired and volunteered as a reading instructor in New York City public schools before her death at 98 years old in 2007.

AFRICAN AMERICAN HISTORY MONTH

WINTER BREAK

No School

Feb. 19 - Feb. 23



Featured Specials of the Day

Monday, February 26

Blueberry Mini Pancakes, Mini Bagels, w/ Cream

- Cheese** 1. Crisritos 2. MaxSnax Tacos, Salsa, Black Beans, Sweet Potato Fries, Pineapple Tidbits

Tuesday, February 27

WG Muffin w/ Yogurt, Apple Cinnamon Toast

1. Cheeseburger, 2. Deli Turkey Sandwich, Seasoned Fries, Lettuce & Tomatoes, Carrot Sticks w/ Ranch, Sliced Pears

Wednesday, February 28

Sausage Biscuit, Assorted Cereal,

1. Chicken Nuggets w/ Roll 2. PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Satsuma Orange

Thursday, February 29

Mini Pancake Wraps, Frosted Breakfast Pastry,

1. Chicken Drumstick w/ Mac & Cheese 2. PBJ/Wow Sandwich w/ Chips, Sweet Potatoes, Cornbread, Ga Grown Collard Greens, Frozen Juice Cup

Friday, March 1

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza,

2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, Carrot Sticks w/ Ranch, 100% Fruit Juice